

**ROUNDSWELL COMMUNITY PRIMARY ACADEMY**  
**AUTUMN TERM MENU 2021**

WEEK 1 COMMENCING 6/9, 4/10, 8/11, 6/12	MAIN	VEGETARIAN OPTION	POTATO/PASTA/BREAD CHOICE	VEGETABLE	JACKET POTATO FILLING	DESSERT
<b>MONDAY</b>	Hot Dogs	Vegetarian Hot Dogs	Garlic & Herb Potato Wedges	Baked Beans & Sweetcorn	Tuna, Cheese or Beans with Vegetable Sticks	Vanilla Ice Cream
<b>TUESDAY</b>	Roast Chicken & Stuffing	Quorn In Gravy	Roast Potatoes	Carrots & Peas	Tuna, Cheese or Beans with Vegetable Sticks	Fruit yogurt With Banana & Apple
<b>WEDNESDAY</b>	Pork Meatballs in Tomato Sauce	Vegetarian Meatless Balls in Tomato Sauce	Pasta & Garlic Bread	Broccoli & Sweet corn	Tuna, Cheese or Beans with Vegetable Sticks	Angel Delight
<b>THURSDAY</b>	Cheese & Tomato Pizza	Cheese & Tomato Pizza	Potato Croquettes	Cucumber, Carrot & Pepper Sticks	Tuna, Cheese or Beans with Vegetable Sticks	Vanilla Sponge cake
<b>FRIDAY</b>	Fish Fingers	Vegetable Fingers	Chips	Peas or Baked beans	Tuna, Cheese or Beans with Vegetable Sticks	Gingerbread Biscuit

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WEEK 2 COMMENCING 13/9, 11/10, 15/11, 13/12	MAIN	VEGETARIAN OPTION	POTATO/PASTA/BREAD CHOICE	VEGETABLE	JACKET POTATO FILLING	DESSERT
<b>MONDAY</b>	Breaded Chicken	Quorn Dippers	Potato Wedges	Sweet corn Baked beans	Tuna, Cheese or Beans with Vegetable Sticks	Oat Biscuit
<b>TUESDAY</b>	Mini Toad in the Hole	Vegetarian Mini Toad in the Hole	Mashed Potatoes	Carrots & Peas	Tuna, Cheese or Beans with Vegetable Sticks	Fruit Jelly
<b>WEDNESDAY</b>	Roast Turkey in Gravy with Stuffing	Roast Quorn in Gravy with Stuffing	Roast Potatoes	Broccoli & Carrots	Tuna, Cheese or Beans with Vegetable Sticks	Fruit with Yoghurt
<b>THURSDAY</b>	Beef Bolognese Pasta Bake	Pesto Pasta	Homemade Bread and Butter	Sweetcorn & Peas	Tuna, Cheese or Beans with Vegetable Sticks	Vanilla Ice Cream
<b>FRIDAY</b>	Fishcake	Vegetable Nuggets	Chips	Baked Beans or Sweetcorn	Tuna, Cheese or Beans with Vegetable Sticks	Chocolate Crispy Cake

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WEEK 3 COMMENCING 20/9, 18/10, 22/11	MAIN	VEGETARIAN OPTION	POTATO/PASTA/BREAD OPTION	VEGETABLE	JACKET POTATO FILLING	DESSERT
<b>MONDAY</b>	Roast Gammon in Gravy	Quorn in gravy	Roast Potatoes	Broccoli & Carrots	Cheese or Tuna with Vegetable Sticks	Yogurt With Fruit
<b>TUESDAY</b>	Cheese & Tomato Pizza	Cheese & Tomato Pizza	Garlic & Herb Wedges	Carrot, Cucumber, Pepper & Tomato	Cheese or Baked Beans with Vegetable Sticks	Apple crumble and Ice Cream
<b>WEDNESDAY</b>	Beef Bolognese	Vegetarian Bolognese	Spaghetti and Garlic Bread	Broccoli & Peas	Cheese or Tuna with Vegetable Sticks	Jam Doughnut
<b>THURSDAY</b>	Sausage Roll	Cheese & Onion Roll	Potato Croquettes	Baked beans or Sweetcorn	Cheese or Baked Beans with Vegetable Sticks	Flapjack
<b>FRIDAY</b>	Haddock Goujons	Mozzarella Sticks	Chips	Baked Beans or Peas	Baked Beans or Tuna with Vegetable Sticks	Arctic Roll

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WEEK 4 COMMENCING 27/9, 1/11, 29/11	MAIN	VEGETARIAN OPTION	POTATO/PASTA/BREAD OPTION	VEGETABLE	JACKET POTATO FILLING	DESSERT
<b>MONDAY</b>	Chicken in Tomato and Basil Sauce	Quorn in Tomato and Basil Sauce	Rice	Broccoli & Peas	Cheese or Baked Beans with Vegetable Sticks	Strawberry Mousse
<b>TUESDAY</b>	Beef Burger in a Bun	Vegetarian Burger in a Bun	Potato Wedges	Peas & Sweetcorn	Cheese or Tuna with Vegetable Sticks	Ring Doughnut
<b>WEDNESDAY</b>	Pork Sausages	Vegetarian Sausages	Diced Potatoes	Baked Beans or Peas	Cheese or Baked Beans with Vegetable Sticks	Banana Cake
<b>THURSDAY</b>	Roast Pork	Roast Quorn in Gravy	Roast potatoes	Broccoli & Carrots	Cheese or Tuna with Vegetable Sticks	Yoghurt
<b>FRIDAY</b>	Haddock Goujons	Vegetable & Cheese Crisp Bake	Chips	Peas or Baked Beans	Cheese or Baked Beans with Vegetable Sticks	Shortbread Biscuit